FIRE AND ICE How to play:

- Appoint 3 children as your 'lce' players, you can do this with a blue bib. The 'lce' players job is simple, tig as many players as possible and freeze them.
- You also need to appoint 2 children as your 'Fire' players, they are both given a ball each, their 'Fireball'.
- 'Fire' players then look for players that have been frozen. They then need to throw their 'fireball' to the frozen player, who if catches the ball will thaw out and can return to the game.

PROGRESSION:

 Challenge your class and ask them to try play in silence?

EQUIPMENT:

- Balls
- Bibs

DIFFERENTIATION:

- HA: Ice players can now dig the fire players. They must then freeze and can only throw the ball to unfreeze other players without moving off the spot. If the ball is missed then it will become dead.
- LA: Add more fire players. Use a bigger ball or even add extra ice players.

SPORTING INFLUENCE