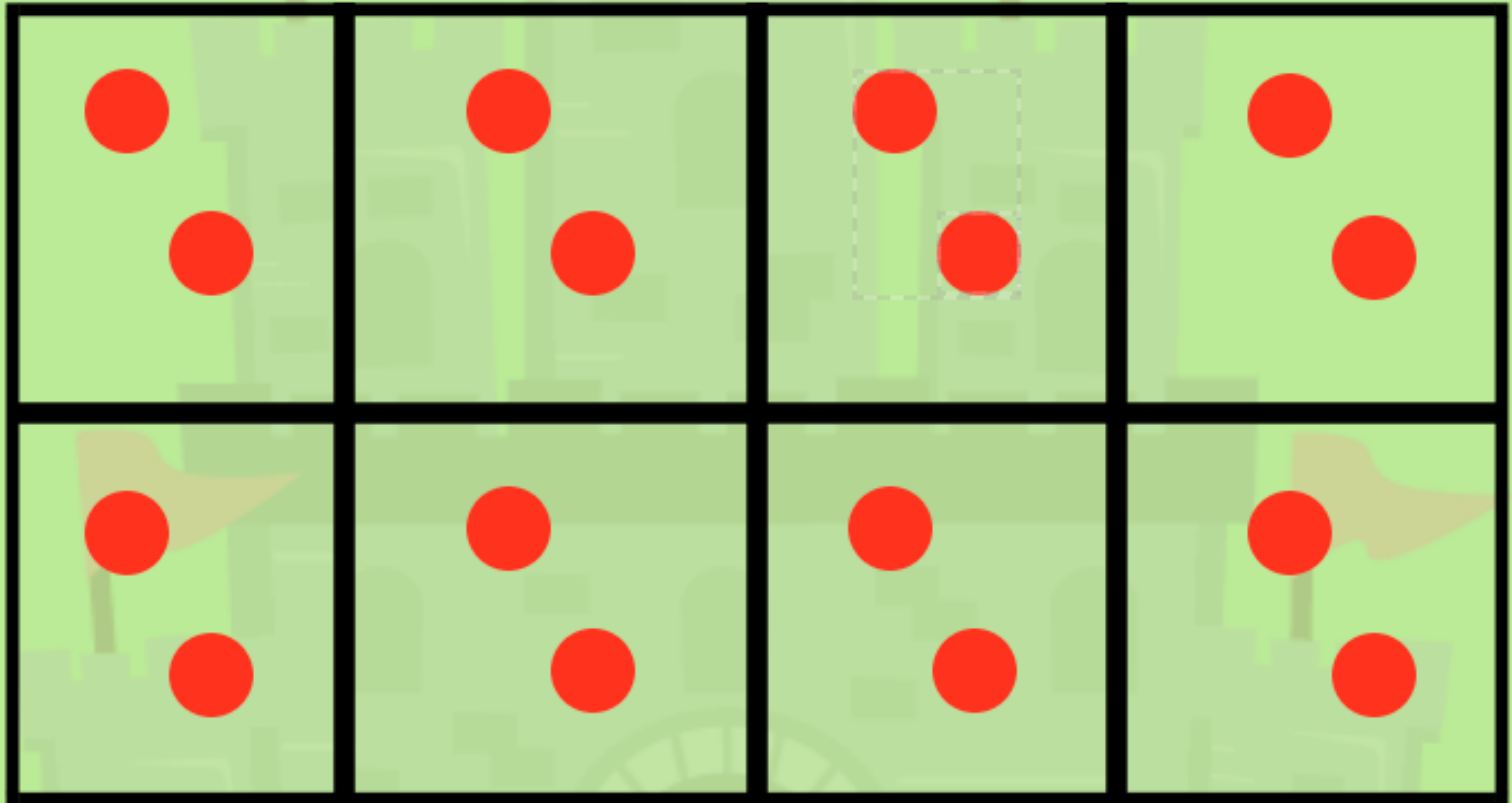


SPORTING INFLUENCE

Improving social skills through sport

Knights Duel



First, split the chn in to pairs. Explain that the chn will be working on their agility skills. **Does anybody know what this means?** The children are then given 1 bib (precious supply) each which they must tuck into the side of their shorts/bottoms. In a space of their own, the chn are to stand face to face and compete in a knight's duel. The aim of the game is to steal your opponents bib (supply) by pulling it from their shorts. Once a winner is determined the chn high five their partner, return the bib and play another round to ensure the game is continuous. Emphasise that chn must stay in their own working space and not move around the hall.

Progression: Chn are free to move around the area and take anyones bib.