

The Go-To

For healthy minds in North Yorkshire



Parents and Carers Have Your Say

We are inviting parents and carers to join a group session to share your views on The Go-To website for children and young people's mental health. Help improve services for young people and their families who need support.

Wed 14th July, 5:30-6:30pm *or*

Friday 16th July, 9:30 – 10:30am on Zoom

email: lorna.galdas@nhs.net to join

Can't attend, but want to share your views? Complete our online survey.

<https://www.smartsurvey.co.uk/s/2WAXNH/>

Visit www.thegoto.org.uk/ to find out more.

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